

CURRICULUM VITAE
JUSTIN B. HEFLEY DNP, CRNA

Education:

Year	Degree	Institution/Location
05/2016	Doctor of Nursing Practice	Uniformed Services University of Health Sciences
05/2006	Bachelor of Science in Nursing	East Central University

Professional Experience:

Year	Position	Scope
02/2024 - Present	CRNA, Naval Medical Center San Diego Supervisor: Melissa Richling	Staff, Full Scope CRNA email: melissa.richling@usuhs.edu
08/2023 - 09/2025	CRNA, USS Theodore Roosevelt CVN71 Supervisor: Stefanie Goolsby	Sole CRNA aboard CVN71 email: stefanie.goolsby@cvn71.navy.mil
07/2020 - 07/2023	Site Director, Research Coordinator - USUHS, Staff CRNA, Naval Medical Center Camp Lejeune Supervisor: Devon Kovacs	Manage daily clinical/didactic activities and coordination/ completion of research projects for SRNAs at NMCCL. email: devon.kovacs@usuhs.edu
07/2018 - 07/2020	Assistant Site Director, Research Coordinator, Staff Certified Registered Nurse Anesthetist USUHS / Naval Hospital Jacksonville, FL Supervisor: Devon Kovacs	Manage daily clinical/didactic activities and coordination / completion of research projects for SRNAs at NHJAX email: devon.kovacs@usuhs.edu
07/2016 - 07/2018	Staff Registered Nurse Anesthetist /DUINS coordinator, PICC line chairman, PALS program director Supervisor: Byron Fjeld	Chief Certified Registered Nurse Anesthetist at the U.S. Naval Hospital Okinawa email: byron.j.fjeld.mil@health.mil
05/2013 - 06/2016	Student Registered Nurse Anesthetist Uniformed Services University of the Health Sciences Supervisor: Lauren Suszan	Student in doctoral degree program email: lauren.suszan@usuhs.edu

06/2012	Department Head, Post Anesthesia Care Unit, United States Navy Deployment, Pacific Partnership 2012	Managed 27 nurses, 7 enlisted personnel and ensured 100% readiness of the post anesthesia care unit aboard the USNS Mercy
08/2010 - 05/2013	Charge Nurse, Staff Nurse, Intensive Care Unit, Naval Medical Center San Diego	Team leader and subject matter expert in the intensive care unit
07/2010	Endoscopy clinic moderate sedation nurse, Intensive care unit charge nurse, United States Navy Deployment, Pacific Partnership 2019	Performed ICU charge nurse duties and moderate sedation onboard USNS Mercy
08/2009 - 08/2010	Charge Nurse, Post anesthesia care unit, Naval Medical Center San Diego	All aspects of perioperative care
02/2008	Casualty receiving nurse, Theater infection control nurse, United States Navy Deployment, Detachment Foxtrot, Expeditionary Medical Facility Kuwait	Provided casualty receiving nursing care and managed infection control needs for the entire AOR.
05/2007 - 08/2009	Charge Nurse, Post anesthesia care unit, Naval Hospital Camp Pendleton	Provided all aspects of perioperative care
08/2006 - 05/2007	Charge Nurse, Staff Nurse, Mother-Infant Unit, Naval Hospital Camp Pendleton	Provided all aspects of mother-infant care and lactation consultant services.

Honors and Awards:

Year	Award Title	Presented By
2023	Defense Meritorious Service Medal	President – Uniformed Services University
2020	Defense Meritorious Service Medal	President – Uniformed Services University
2018	Navy and Marine Corps Commendation Medal	Commanding Officer USNH Okinawa
2012	Navy and Marine Corps Commendation Medal	Commanding Officer USNS Mercy
2010	Navy and Marine Corps Achievement Medal	Commanding Officer USNS Mercy

Certification and Licensure:

- Board certified by the National Board for Certification and Recertification of Nurse Anesthetists (expires 2026).
- California CRNA and Nursing license.
- BLS, PALS, ACLS, and ATLS certified.

Education – Non-Degree Granting

2025 - Senior Leadership Course

2022 – Intermediate Leadership Course

2021 - MedExcellence

2020 – Healthcare Simulation and Modeling Certificate 60Z AQD

2020 – Joint Professional Military Education Phase I

2019 – Advanced Medical Department Officers Course

2017 – Executive Medicine 67A AQD

Peer Reviewed Publications

Training program for ultrasound-guided intravenous catheter insertion

SJ Filipovich, JW Dilgard, SP Conrad, CB Moore, JB Hefley

Military Medicine 186 (9-10), e879-e883, 2021

Resuming breastfeeding after surgery: influencing practice recommendations

CB Moore, JD Bond, EG Bundoc, JB Hefley, KA Wofford, RL Bonds

Journal of PeriAnesthesia Nursing 36 (5), 460-467, 2021

Implementing ultrasound-guided peripheral intravenous practices on a multi-service unit

D Salinas, BJ Sartain, JF Sullivan, CB Moore, J Hefley

Medsurg Nursing 30 (3), 168-180, 2021

Advancing readiness through military programs: An evidence-based practice perspective

J Hefley, LA Talbot, EJ Metter, ME Lorenz, H Shattuck, K Romito, ...

Military Medicine 189 (Supplement_1), 31-38, 2024

Prevention of pruritis following spinal morphine for scheduled cesarean birth

C Payne, B Curtis, D Dan, S Dunston, C Moore, J Hefley

MCN: The American Journal of Maternal/Child Nursing 46 (2), 97-102, 2021

Ketamine Use for Palliative Care in the Austere Environment: Is Ketamine the Path Forward for Palliative Care

JR Reed, SK Parks, A Kaniaru, J Hefley, Y Yauger, JV Edwards, ...

American Journal of Hospice and Palliative Medicine®, 10499091241246520, 2024

Textbook Chapters

Informatics health policy for the APRN

JB Hefley

Shaping Nursing Healthcare Policy, 139-145, 2022

Research Grants

8/2023 – 12/2025

The safety of propofol after multiple freeze thaw cycles in a rodent model. \$250,000